

IIEF-EF

International Index of Erectile Function – questionnaire



The following questions refer to possible erectile dysfunction related to your sex life in the past 6 months. The questions were compiled based on the international standard IIEF-EF (International Index of Erectile Function). Each question has one answer. After completing the questionnaire, you will discuss your answers with the doctor. Be objective.

1. How often during sexual activity were you able to experience an erection?

- | | |
|------------------------------|---|
| Almost never/never | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%) | 3 |
| Most often (over 50%) | 4 |
| Almost always/always | 5 |

2. When you experienced an erection during sexual stimulation, how often was the erection hard enough to penetrate your partner?

- | | |
|------------------------------|---|
| Almost never/never | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%) | 3 |
| Most often (over 50%) | 4 |
| Almost always/always | 5 |

3. When you tried to have intercourse, how often were you able to penetrate your partner?

- | | |
|------------------------------|---|
| Almost never/never | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%) | 3 |
| Most often (over 50%) | 4 |
| Almost always/always | 5 |

4. When you had sex, how often were you able to maintain an erection after penetrating your partner?

- | | |
|------------------------------|---|
| Almost never/never | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%) | 3 |
| Most often (over 50%) | 4 |
| Almost always/always | 5 |

5. How difficult is it for you to maintain an erection until the end of the sexual act?

- Extremely difficult 1
- Very hard 2
- Hard 3
- Not so hard 4
- No problems 5

6. How would you rate your confidence in obtaining and maintaining an erection?

- Very low 1
- Low 2
- Satisfying 3
- High 4
- Very high 5

Number of points	6-10	11-16	17-21	22-25	26-30
	Hard ED	Moderate ED	Easy to moderate	Light ED	No ED