

## **IIEF-EF**

International Index of Erectile Function – questionnaire



The following questions refer to possible erectile dysfunction related to your sex life in the past 6 months. The questions were compiled based on the international standard IIEF-EF (International Index of Erectile Function). Each question has one answer. After completing the questionnaire, you will discuss your answers with the doctor. Be objective.

### **1. How often during sexual activity were you able to experience an erection?**

- |                              |   |
|------------------------------|---|
| Almost never/never           | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%)                  | 3 |
| Most often (over 50%)        | 4 |
| Almost always/always         | 5 |

### **2. When you experienced an erection during sexual stimulation, how often was the erection hard enough to penetrate your partner?**

- |                              |   |
|------------------------------|---|
| Almost never/never           | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%)                  | 3 |
| Most often (over 50%)        | 4 |
| Almost always/always         | 5 |

### **3. When you tried to have intercourse, how often were you able to penetrate your partner?**

- |                              |   |
|------------------------------|---|
| Almost never/never           | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%)                  | 3 |
| Most often (over 50%)        | 4 |
| Almost always/always         | 5 |

### **4. When you had sex, how often were you able to maintain an erection after penetrating your partner?**

- |                              |   |
|------------------------------|---|
| Almost never/never           | 1 |
| Occasionally (less than 50%) | 2 |
| Often (50%)                  | 3 |
| Most often (over 50%)        | 4 |
| Almost always/always         | 5 |

**5. How difficult is it for you to maintain an erection until the end of the sexual act?**

- Extremely difficult 1
- Very hard 2
- Hard 3
- Not so hard 4
- No problems 5

**6. How would you rate your confidence in obtaining and maintaining an erection?**

- Very low 1
- Low 2
- Satisfying 3
- High 4
- Very high 5

Number of points	6-10	11-16	17-21	22-25	26-30
	Hard ED	Moderate ED	Easy to moderate	Light ED	No ED